

ESSENTIAL SUPPLIES

STEPS TO SAFETY: HOW WE'RE KEEPING YOU SAFE AND HEALTHY AMIDST COVID-19

How far ahead are our Home Care Aides planning?



Two weeks' worth of pet supplies



Two weeks' worth of healthy groceries



One to three months' worth of prescription medications

Our Home Care Aides' greatest priority is keeping the community we serve safe and healthy at home. Our Aides can enable your loved ones to practice social distancing by making trips to the grocery store, pharmacy, or pet shop on their behalf. Presidio has clear protocols for obtaining essential supplies that minimize risk for both our team and our clients.

OUR PROTOCOLS

Grocery Shopping

- Go at the best hours, when possible: stores are shown to have fewer crowds on Wednesdays and Thursday mornings
- Visit independent supermarkets for items that are low in stock, as their suppliers are different from suppliers for larger grocery stores
- Create a grocery list beforehand so visits are short and efficient
- Immediately wash hands after returning to client's home
- Wash reusable grocery bags, if used during grocery shopping
- Utilize delivery services such as Amazon Fresh or FreshDirect when needed

Medication Management

- Discuss with your loved one his or her current medication inventory. Once an order is placed for prescriptions that may be needed in the upcoming months, assist with pickup. Obtain over-the-counter medication as well, if needed
- Utilize free delivery services or pharmacy drive-throughs if possible
- Help with organizing medications and intake reminders
- Careful storage of medications to ensure their continued efficacy

Pet Supplies & Pet Care

- Pickup needed pet supplies, such as food, medication, litter, etc.
- Wash hands before and after feeding and other close interactions
- Keep food, beverages, and kitchenware separate from pet areas
- Walk pets at least 6 feet apart from others when outdoors

